

Lisa Sarasohn

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“Your poems are beautiful, moving, intelligent, inventive, wise, tender, charming. You’ve got all the right instincts. You have a gift. And you use it wisely. It’s been an honor and blessing having the opportunity to read your work.”

— Dr. Richard Chess
Professor of Literature and Language
Director, Creative Writing Program
University of North Carolina-Asheville

Studies

- 2007 Poetry Writing Workshop, twelve-week course with Richard Chess
- 2005 Poetry Writing Seminar, twelve-week course with Richard Chess
- 1998 Writing & Performing Poetry, four half-day workshops with Glenis Redmond
- 1992 Open Poetry, five-day workshop with Carolyn Forché
- 1991 Poetry, one-day workshop with Kathryn Stripling Byer

Prizes and Honors

- “How You Will Know That I Come in Peace,” First Prize (\$1,000)
Artists Embassy International Poetry Contest, 1990
- Women’s Studio Workshop, Rosendale, NY; studio assistantship, 1990
- Penland School of Crafts, Penland, NC; scholarship, 1988

Art Shows

- “From the Gut: A Feminist Fine Art Show,” Urthona Gallery, Asheville, 2000
- “Invocations: Revealing the Presence of the Sacred Feminine,” Jubilee!, Asheville, 1997

Selected Artist’s Books

- Rite for Invoking the Sacred Feminine, 1998
- Rite for Reconsecrating Our Womanhood, 1998
- A Life of Dedication, 1990
- Forgiveness, 1988
- The Thread Running Through the Way, 1988
- Feelings Are Friends, 1987
- Real Women, 1986

Teaching

- “Poetry Writing,” NC Center for Creative Retirement
“Poetry: Craft & Process,” The Writers’ Workshop, Asheville, NC
“Poetry,” Mountain Arts Program, Waynesville, NC

Related Employment

Since 1988: **Writer, Educator**

Instructor in creative writing and freelance writer. Also health educator and bodywork therapist.

Author of *The Woman’s Belly Book: Finding Your True Center for More Energy, Confidence, and Pleasure* (New World Library, 2006) and numerous essays on women’s health published in a variety of magazines and journals.

1991–1992: **Administrative Assistant**
The Writers’ Workshop, Asheville, NC

Assisted director with planning, organizing, and implementing writing classes for children and adults. Duties included promoting enrollment, scheduling classes and recruiting instructors, developing newsletters and brochures, writing grants.

1981–1988: **Educator, Writer, Editor**
Kripalu Center, Lenox, MA

Instructor in creative writing, music improvisation, therapeutic bodywork and movement, and many aspects of health education and personal growth.

Writer, editor, and creative director for informational and promotional magazines, brochures, articles, and books related to health and personal growth. Additional assignments in publicity, marketing, graphics, and video production.

1976–1981: **Associate Consultant**
Department of Education, Office of Community Education, Concord, NH

Conducted seminars in stress management for teachers and parents; wrote grants for federal and private funding of "burn-out prevention" training for teachers; developed informational material on educational projects which promoted partnership among schools and community-based organizations.